



Light the Lakes

SPONSORED BY
Wainwright
 THE GOLDEN BEER
 Refreshingly rewarding crafted golden beer

2018

Now to the important bit..... pick a Peak!!!

Attached is a list with all the peaks on. A couple have been bagsied by the organising team, hope you don't mind.

The Fell names listed have been hyperlinked – they may take you to more about the peak (if not google it).

Peaks choices are now open and fast being taken, it may take a couple of tries to get one confirmed for your team.

Please pick **3** in order of preference so that if your first choice is gone we can still get you one of your other choices there and then rather than email you back to let you know your choice is already taken.

Once you have chosen your 3 peaks send them via an email to lightthelakes@surrey.pnn.police.uk with your full contact details and the number you anticipate being part of your group.

Fell Name	Contact Name	Contact number	Email Address	Force / Organisation	Group Size	Team Name
-----------	--------------	----------------	---------------	----------------------	------------	-----------

Thank you for your Support

Light the Lakes 2018 Team



	Fell Name	Height (m)	Height (Ft)	GPS reference
1	<u>Scafell Pike</u>	978	3209	NY 21548 07223
2	<u>Scafell</u>	964	3163	NY 20682 06484
3	<u>Helvellyn</u>	950	3117	NY 34167 15158
4	<u>Skiddaw</u>	931	3054	NY 26040 29085
5	<u>Great End</u>	910	2986	NY 22670 08385
6	<u>Bowfell</u>	902	2959	NY 24470 06443
7	<u>Great Gable</u>	899	2949	NY 21102 10317
8	<u>Pillar</u>	892	2927	NY 17126 12101
9	<u>Nethermost Pike</u>	891	2923	NY 34408 14154
10	<u>Catstycam</u>	890	2920	NY 34811 15823
11	<u>Esk Pike</u>	885	2904	NY 23660 07505
12	<u>Raise</u>	883	2897	NY 34277 17414
13	<u>Fairfield</u>	873	2864	NY 35861 11722
14	<u>Blencathra</u>	868	2848	NY 32345 27712
15	<u>Skiddaw Little Man</u>	865	2838	NY 26679 27785
16	<u>White Side</u>	863	2832	NY 33780 16663
17	<u>Crinkle Crag</u>	859	2818	NY 24863 04869
18	<u>Dollywaggon Pike</u>	858	2815	NY 34629 13063
19	<u>Great Dodd</u>	857	2812	NY 34193 20556
20	<u>Stybarrow Dodd</u>	843	2766	NY 34295 18923
21	<u>Saint Sunday Crag</u>	841	2759	NY 36930 13404
22	<u>Scoat Fell</u>	841	2759	NY 15940 11384
23	<u>Grasmoor</u>	852	2759	NY 17481 20351
24	<u>Eel Crag (Crag Hill)</u>	839	2753	NY 19267 20364
25	<u>High Street</u>	828	2717	NY 44078 11045
26	<u>Red Pike (Wasdale)</u>	826	2710	NY 16530 10610
27	<u>Hart Crag</u>	822	2697	NY 36907 11208
28	<u>Steeple</u>	819	2687	NY 15757 11678
29	<u>High Stile</u>	807	2648	NY 16748 14783
30	<u>Coniston Old Man</u>	803	2635	SD 27237 97815
31	<u>Kirk Fell</u>	802	2631	NY 19498 10485
32	<u>High Raise (Martindale)</u>	802	2631	NY 44826 13453
33	<u>Swirl How</u>	802	2631	NY 27282 00551
34	<u>Green Gable</u>	801	2628	NY 21472 10716
35	<u>Lingmell</u>	800	2625	NY 20925 08144
36	<u>Haycock</u>	797	2615	NY 14477 10722
37	<u>Brim Fell</u>	796	2612	SD 27074 98556
38	<u>Dove Crag</u>	792	2598	NY 37454 10437
39	<u>Rampsgill Head</u>	792	2598	NY 44332 12861
40	<u>Grisedale Pike</u>	791	2595	NY 19839 22544
41	<u>Watson's Dodd</u>	789	2589	NY 33568 19560
42	<u>Allen Crag</u>	785	2575	NY 23668 08529
43	<u>Thornthwaite Crag</u>	784	2572	NY 43154 10039
44	<u>Glaramara</u>	783	2569	NY 24723 10565



LighttheLakes
a speciality of
Wainwright
THE GOLDEN BEER
Refreshingly rewarding crafted golden beer

45	<u>Kidsty Pike</u>	780	2559	NY 44738 12577
46	<u>Great Carrs</u>	780	2559	NY 27045 00880
47	<u>Harter Fell (Mardale)</u>	778	2552	NY 45970 09332
48	<u>Dow Crag</u>	778	2552	SD 26254 97794
49	<u>Red Screes</u>	776	2546	NY 39649 08767
50	<u>Sail</u>	773	2536	NY 19820 20276
51	<u>Wandope</u>	772	2533	NY 18818 19737
52	<u>Grey Friar</u>	770	2526	NY 26009 00359
53	<u>Hopegill Head</u>	770	2526	NY 18566 22165
54	<u>Great Rigg</u>	766	2513	NY 35587 10401
55	<u>Caudale Moor</u>	763	2503	NY 41867 09997
56	<u>High Raise (Langdale)</u>	762	2500	NY 28074 09536
57	<u>Wetherlam</u>	762	2500	NY 28820 01108
58	<u>Slight Side</u>	762	2500	NY 20969 05028
59	<u>Mardale Ill Bell</u>	760	2493	NY 44760 10118
60	<u>Ill Bell</u>	757	2484	NY 43668 07725
61	<u>Hart Side</u>	756	2480	NY 35891 19725
62	<u>Red Pike (Buttermere)</u>	755	2477	NY 16054 15453
63	<u>Dale Head</u>	753	2470	NY 22301 15324
64	<u>Carl Side</u>	746	2448	NY 25497 28086
65	<u>High Crag</u>	744	2441	NY 18060 14017
66	<u>The Knott</u>	739	2425	NY 43709 12682
67	<u>Robinson</u>	737	2418	NY 20183 16876
68	<u>Seat Sandal</u>	736	2415	NY 34399 11424
69	<u>Harrison Stickle</u>	736	2415	NY 28180 07393
70	<u>Long Side</u>	734	2408	NY 24881 28441
71	<u>Sergeant Man</u>	730	2395	NY 28647 08896
72	<u>Kentmere Pike</u>	730	2395	NY 46565 07792
73	<u>Hindscarth</u>	727	2385	NY 21565 16517
74	<u>Clough Head</u>	726	2382	NY 33393 22541
75	<u>Ullscarf</u>	726	2382	NY 29157 12172
76	<u>Thunacar Knott</u>	723	2372	NY 27967 07990
77	<u>Froswick</u>	720	2362	NY 43519 08518
78	<u>Birkhouse Moor</u>	718	2356	NY 36344 15974
79	<u>Lonscale Fell</u>	715	2346	NY 28544 27171
80	<u>Brandreth</u>	715	2346	NY 21489 11928
81	<u>Branstree</u>	713	2339	NY 47801 09975
82	<u>Knott</u>	710	2329	NY 29622 32985
83	<u>Pike O'Stickle</u>	709	2326	NY 27399 07356
84	<u>Whiteside</u>	707	2320	NY 17047 21951
85	<u>Yoke</u>	706	2316	NY 43773 06734
86	<u>Pike O' Blisco</u>	705	2313	NY 27118 04212
87	<u>Bowscale Fell</u>	702	2303	NY 33343 30541
88	<u>Cold Pike</u>	701	2300	NY 26289 03613
89	<u>Pavey Ark</u>	700	2297	NY 28457 07903
90	<u>Gray Crag</u>	699	2293	NY 42675 11882

91	<u>Grey Knotts</u>	697	2287	NY 21731 12567
92	<u>Rest Dodd</u>	696	2283	NY 43272 13701
93	<u>Seatallan</u>	692	2270	NY 13964 08403
94	<u>Great Calva</u>	690	2264	NY 29089 31188
95	<u>Caw Fell</u>	690	2264	NY 13198 11001
96	<u>Bannerdale Crag</u>	683	2241	NY 33616 29081
97	<u>Loft Crag</u>	680	2231	NY 27743 07135
98	<u>Ullock Pike</u>	680	2231	NY 24441 28758
99	<u>Sheffield Pike</u>	675	2215	NY 36910 18178
100	<u>Bakestall</u>	673	2208	NY 26647 30740
101	<u>Scar Crag</u>	672	2205	NY 20853 20661
102	<u>Loadpot Hill</u>	671	2201	NY 45689 18129
103	<u>Wether Hill</u>	670	2198	NY 45570 16780
104	<u>Tarn Crag (Longsleddale)</u>	664	2178	NY 48848 07852
105	<u>Carrock Fell</u>	660	2165	NY 34176 33638
106	<u>Whiteless Pike</u>	660	2165	NY 18021 18977
107	<u>High Pike (Caldbeck)</u>	658	2159	NY 31873 35002
108	<u>Place Fell</u>	657	2156	NY 40564 16955
109	<u>High Pike (Scandale)</u>	656	2152	NY 37443 08830
110	<u>Selside Pike</u>	655	2149	NY 49079 11183
111	<u>Middle Dodd</u>	654	2146	NY 39736 09571
112	<u>Harter Fell (Eskdale)</u>	653	2142	SD 21881 99718
113	<u>High Spy</u>	653	2142	NY 23413 16234
114	<u>Great Scafell</u>	651	2136	NY 29135 33898
115	<u>Rossett Pike</u>	650	2133	NY 24920 07565
116	<u>Fleetwith Pike</u>	648	2126	NY 20587 14167
117	<u>Base Brown</u>	646	2119	NY 22516 11461
118	<u>Grey Crag</u>	638	2093	NY 49721 07185
119	<u>Little Hart Crag</u>	637	2090	NY 38734 10028
120	<u>Causey Pike</u>	637	2090	NY 21876 20851
121	<u>Mungrisdale Common</u>	633	2077	NY 31059 29231
122	<u>Starling Dodd</u>	633	2077	NY 14206 15747
123	<u>Seathwaite Fell</u>	632	2073	NY 22904 10181
124	<u>Yewbarrow</u>	628	2060	NY 17338 08472
125	<u>Birks</u>	622	2041	NY 38177 14486
126	<u>Hartsop Dodd</u>	618	2028	NY 41133 11855
127	<u>Great Borne</u>	616	2021	NY 12398 16379
128	<u>Heron Pike</u>	612	2008	NY 35599 08300
129	<u>Illgill Head</u>	609	1998	NY 16542 04800
130	<u>High Seat</u>	608	1995	NY 28709 18049
131	<u>Haystacks</u>	597	1959	NY 19338 13206
132	<u>Bleaberry Fell</u>	590	1936	NY 28565 19574
133	<u>Shipman Knotts</u>	587	1926	NY 47241 06212
134	<u>Brae Fell</u>	586	1923	NY 28878 35159
135	<u>Middle Fell</u>	582	1909	NY 15075 07222



LighttheLakes

Wainwright

THE GOLDEN BEER

Refreshingly new award-winning golden beer

136	<u>Ard Crag</u>	581	1906	NY 20696 19766
137	<u>Hartsop Above How</u>	580	1903	NY 38315 12005
138	<u>The Nab</u>	576	1890	NY 43423 15194
139	<u>Maiden Moor</u>	576	1890	NY 23675 18193
140	<u>Blake Fell</u>	573	1880	NY 11043 19684
141	<u>Sergeant's Crag</u>	571	1873	NY 27394 11379
142	<u>Outerside</u>	568	1864	NY 21112 21460
143	<u>Angletarn Pikes</u>	567	1860	NY 41333 14830
144	<u>Brock Crag</u>	561	1841	NY 41665 13662
145	<u>Knott Rigg</u>	556	1824	NY 19742 18868
146	<u>Steel Fell</u>	553	1814	NY 31944 11157
147	<u>Lord's Seat</u>	552	1811	NY 20437 26558
148	<u>Rosthwaite Fell (Bessyboot)</u>	550	1807	NY 25832 12479
149	<u>Tarn Crag (Easedale)</u>	550	1804	NY 30358 09326
150	<u>Meal Fell</u>	550	1804	NY 28259 33711
151	<u>Hard Knott</u>	549	1801	NY 23193 02369
152	<u>Blea Rigg</u>	541	1775	NY 30165 07835
153	<u>Lank Rigg</u>	541	1775	NY 09164 11955
154	<u>Great Mell Fell</u>	537	1762	NY 39682 25363
155	<u>Calf Crag</u>	537	1762	NY 30162 10410
156	<u>Whin Rigg</u>	535	1755	NY 15200 03442
157	<u>Arthur's Pike</u>	532	1745	NY 46076 20677
158	<u>Great Cockup</u>	526	1726	NY 27336 33311
159	<u>Gavel Fell</u>	526	1726	NY 11699 18386
160	<u>Whinlatter</u>	525	1722	NY 19695 24903
161	<u>Bonscale Pike</u>	524	1719	NY 45348 20086
162	<u>Crag Fell</u>	523	1716	NY 09729 14384
163	<u>Souther Fell</u>	522	1713	NY 35472 29140
164	<u>Eagle Crag</u>	520	1706	NY 27535 12098
165	<u>High Hartsop Dodd</u>	519	1703	NY 39357 10766
166	<u>Sallows</u>	516	1693	NY 43653 03983
167	<u>High Tove</u>	515	1690	NY 28922 16512
168	<u>Mellbreak</u>	512	1680	NY 14843 18562
169	<u>Broom Fell</u>	511	1677	NY 19444 27190
170	<u>Hen Comb</u>	509	1670	NY 13213 18119
171	<u>Beda Fell</u>	509	1670	NY 42895 17159
172	<u>Low Pike</u>	508	1667	NY 37354 07832
173	<u>Little Mell Fell</u>	505	1657	NY 42318 24027
174	<u>Dodd</u>	502	1647	NY 24420 27353
175	<u>Stone Arthur</u>	500	1640	NY 34752 09233
176	<u>Green Crag</u>	489	1604	SD 20025 98274
177	<u>Grike</u>	488	1601	NY 08495 14076
178	<u>Wansfell</u>	487	1598	NY 40370 05267
179	<u>Longlands Fell</u>	483	1585	NY 27590 35402
180	<u>Sour Howes</u>	483	1585	NY 42830 03203



LighttheLakes
 a subsidiary of
Wainwright
 THE GOLDEN BEER
 Refreshingly rewarding crafted golden beer

181	<u>Gowbarrow Fell</u>	481	1578	NY 40764 21817
182	<u>Armbboth Fell</u>	479	1572	NY 29684 15965
183	<u>Burnbank Fell</u>	475	1558	NY 10999 20950
184	<u>Lingmoor Fell</u>	469	1539	NY 30277 04605
185	<u>Barf</u>	468	1535	NY 21467 26740
186	<u>Raven Crag</u>	461	1512	NY 30346 18757
187	<u>Graystones</u>	456	1496	NY 17615 26621
188	<u>Barrow</u>	455	1493	NY 22709 21822
189	<u>Catbells</u>	451	1480	NY 24406 19852
190	<u>Binsey</u>	447	1467	NY 22513 35525
191	<u>Glenridding Dodd</u>	442	1450	NY 38048 17558
192	<u>Nab Scar</u>	440	1444	NY 35538 07240
193	<u>Great Crag</u>	440	1444	NY 27002 14682
194	<u>Amison Crag</u>	433	1421	NY 39359 14968
195	<u>Steel Knotts</u>	432	1417	NY 44037 18125
196	<u>Low Fell</u>	423	1388	NY 13597 22262
197	<u>Gibson Knott</u>	420	1378	NY 31845 09923
198	<u>Buckbarrow</u>	420	1378	NY 13572 06126
199	<u>Fellbarrow</u>	416	1365	NY 13219 24245
200	<u>Grange Fell</u>	410	1345	NY 26470 16274
201	<u>Helm Crag</u>	405	1329	NY 32630 09353
202	<u>Silver How</u>	394	1293	NY 32479 06641
203	<u>Hallin Fell</u>	388	1273	NY 43303 19817
204	<u>Walla Crag</u>	379	1243	NY 27684 21285
205	<u>Ling Fell</u>	373	1224	NY 17959 28590
206	<u>Latrigg</u>	368	1207	NY 27886 24685
207	<u>Troutbeck Tongue</u>	364	1194	NY 42233 06384
208	<u>Sale Fell</u>	359	1178	NY 19443 29659
209	<u>Rannerdale Knotts</u>	355	1165	NY 16730 18251
210	<u>High Rigg</u>	354	1161	NY 30860 21994
211	<u>Loughrigg Fell</u>	335	1099	NY 34697 05139
212	<u>Black Fell</u>	323	1060	NY 34023 01591
213	<u>Holme Fell</u>	317	1040	NY 31528 00654
214	<u>Castle Crag</u>	290	951	NY 24934 15937